***Miss Bopp and Miss Baumgartner’s Social Studies/PE Integrated Lesson***

**Grade Level:** 2nd Grade

**Subject Areas:** Physical Education and Social Studies

**Materials Needed:** Rock wall, hula hoops, balance beams, ropes, mats, signs showing locations on a map, tape

**Standards:**

* **2.5.1** Identify North America, South America, the United States, Mexico, Canada, Atlantic Ocean and Pacific Ocean on a map or globe
* **S1.E3.2** Demonstrates 4 of the 5 critical elements for jumping & landing in a horizontal plane using a variety of 1- and 2-foot take-offs & landings
* **S1.E7.2a** Balances on different bases of support, combining levels and shapes.
* **S1.E7.2b** Balances in an inverted position\* with stillness and supportive base.
* **S1.E9.2** Rolls in different directions with either a narrow or curled body shape.
* **S3.E2.2** Actively engages in physical education class in response to instruction and practice.
* **S4.E1.2** Practices skills with minimal teacher prompting.

**Objectives:**

* Students will be self-directed in completing an obstacle course in teams of 3.
* Students will complete an activity using the above standards in a safe and respectful manner.
* Students will climb across the rock wall.
* Students will hop between hula hoops displaying proper jumping and landing form.
* Students will swing on a rope.
* Students will display balance when walking across beams.
* Students will use proper take offs techniques and landing strategies using a spring board.
* Students will complete log rolls.

**Learning Activities:**

* Students will be led through a variety of dynamic exercises to serve as a warm-up prior to the activity.
* The teachers will start by leading the students through the obstacle with an introduction to each landform and what they are to do at that station.
	+ Rocky Mountains Rock Wall 🡪 North America
	+ Chichen Itza Hike 🡪 Mexico
	+ Pacific Ocean Island Hop 🡪 Pacific Ocean
	+ Amazon Vine Swing 🡪 South America
	+ Atlantic Bridge Balance Beams 🡪 Atlantic Ocean
	+ Border Hop and Log Roll 🡪 Oh, Canada
	+ Pony Express Gallop 🡪 Unites States of America
* Students will be separated into groups of four. Students will be separated by numbering off.
* Students will make their way across the gym by participating in an obstacle course that will also teach them about major landforms of North America, South America, the United States, Mexico, Canada, Atlantic Ocean and Pacific Ocean.
* Students will cool down by joining the teacher at the center of the gym for trivia. Students will run to the landmark that answers the question.

**Assessment:**

* Students will be assessed on their ability to :
	+ Gallop in a straight line
	+ Traverse the rock wall
	+ Climb over the mats
	+ Jump for distance between the hula hoops
	+ Swing over a mat with a rope
	+ Balance on balance beams
	+ Run an land a jump from a spring board
	+ Complete a log roll

**Reflection:**

 After completing the lesson with the second grade class I had a chance to reflect on how the lesson transpired. Upon reflection I had realized that the lesson entailed a lot of setup in order to move smoothly. When the students had arrived there was still some set up for the lesson so dynamic warmups took up more time than the activity. Also with two other classes in the gym for their art projects, there was much redirection back to the task at hand. The students were given a brief overview of the different landmasses and land forms that each station represented and also were given proper safety instructions for each station. The students were then separated into groups and started at different stations throughout the gym. The students were then able to complete the obstacle course a few times with the students having the most difficulty with the rock wall. If I had to change anything with the lesson it would be that there would be more time to set up the obstacle course and that I go through the directions until every students is sure of my expectations.